



# TREATMENT LIST

## Spa & Foot

### Foot

Foot Massage & Scrub (15min)	\$7,50
Foot Massage & Scrub (30min)	\$15

### Pedicure

Spa Pedicure (60min)	\$30
Spa Deluxe Pedicure (75min)	\$35

## Spa & Wellness

### Steam Room Treatments

Steam Room Session (15min)	\$10
Steam Room & Body Scrub (45min)	\$25

### Massage Treatments

Back & Shoulder Massage (30min)	\$15
Relaxation Massage (60min/90min)	\$22/33
Sport Massage Therapy (60min/90min)	\$25/37
Deep Tissue Massage Therapy (60min/90min)	\$25/37
Hot Stone Massage Therapy (60min/90min)	\$25/37

### Bloom Signature Treatments

Hot Stone & Deep Tissue Combo Massage Therapy (90min)	\$40
Aromatherapy Massage	+ \$5
Add aromatherapy to your favorite massage	

## Add-Ons

### Nails

Remove Gel Nail Polish	\$5
Apply Nail Polish	\$2,50

Note : For sanitary reasons we recommend that you bring your own nail polish

✉ info@bloomcafe.sr

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📍 Sportvereniging Oase  
Commewijnestraat 23  
Paramaribo

All prices excluding VAT

## Spa & Foot

### Foot Massage & Scrub

A short and relaxing treatment to soothe and pamper your feet.

### Spa Pedicure

This relaxing pedicure begins with a soothing foot wash and foot scrub to revitalize tired feet. Your feet will feel soft and revived after this treatment which includes meticulous nail and cuticle care followed by callus removal, a hydrating mask and a stress melting foot massage to enhance circulation and decrease tension.

### Spa Deluxe Pedicure

Enjoy all the benefits of our Bloom basic pedicure but with an added revitalizing foot and lower leg treatment designed to invigorate the entire body. Experience the benefits of a soothing aromatherapy foot massage, to awaken all your senses.

## Spa & Wellness

### Steam Room Session

A short, sweaty session in a steam room promotes relaxation and is great as a post workout treatment.

### Steam Room & Body Scrub

A treatment to exfoliate and hydrate your skin, leaving it smooth and soft. At the end of this treatment, you will be rinsed off and a hydrating lotion will be applied to moisturize your skin.

### Back & Shoulder Massage

A quick massage for easing stress and muscular tension in the back area.

### Relaxation Massage

The main focus of this massage is to de-stress, calm and relax the body and mind.

### Sport Massage Therapy

This treatment has its focus on specific areas of the body that are in need of healing or relief.

### Deep Tissue Massage Therapy

This type of treatment is designed to relieve chronic pain and tight muscles.

### Hot Stone Massage Therapy

A hot stone massage is a type of massage therapy. It's used to help you relax and ease tense muscles and damaged tissues throughout your body. It involves the use of warm heated stones.

### Hot Stone & Deep Tissue Combo Massage Therapy

This unique massage combines the relaxing power of hot stones with the therapeutic effects of a deep tissue massage. To leave you feeling relaxed and renewed.

### Aromatherapy Massage

Adding aromatherapy to your favorite massage is a great way to enhance your massage treatment and to experience the healing powers found in essential oils.

**\*\*Drinking water after a massage is very important.**



We care

Towels & one complimentary drink (water/coconut water/herbal tea) are included with each treatment.